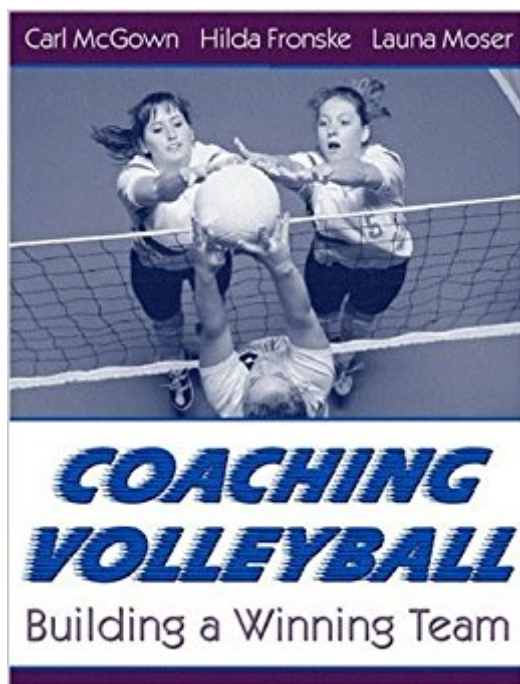




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# Coaching Volleyball: Building A Winning Team



## Synopsis

One of the most complete books on coaching volleyball ever printed – includes advice, tips, and cues that take the experienced coach years to accumulate. This comprehensive book covers every aspect of coaching volleyball – from the beginning basic skills to information on aiding the talented college-bound athlete. It guides the coach through the decision-making processes of tryouts, practice schedules, setting up the team's offense and defense, coaching a game, and dealing with parents and administrators. Here are the keys to creating a winning volleyball class or entire volleyball program from the elementary to collegiate level, based on the solid knowledge that comes with years of experience. Volleyball coaches and physical education teachers.

## Book Information

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## Customer Reviews

One of the most complete books on coaching volleyball ever printed – includes advice, tips, and cues that take the experienced coach years to accumulate. This comprehensive book covers every aspect of coaching volleyball – from the beginning basic skills to information on aiding the talented college-bound athlete. It guides the coach through the decision-making processes of tryouts, practice schedules, setting up the team's offense and defense, coaching a game, and dealing with parents and administrators. Here are the keys to creating a winning volleyball class or entire volleyball program from the elementary to collegiate level, based on the solid knowledge that comes with years of experience. Volleyball coaches and physical education teachers.

I coach rec volleyball in the 10-12 age range. I was coached by one of the authors of this book and I

can you tell they know their stuff. This book is great for coaches whose players have had a little experience playing volleyball already. I gave it a four instead of 5 because there are only a few drills mentioned that would work for beginners. If you coach kids with a little experience playing this is the book for you. If not there is still great info and insights in this book, you will just have to come up with your own drills.

Great tips. My friend recommended this book for me as it is my first year of coaching high school. It has been insightful and helpful

Excellent content. Easily understandable and in a practical format.

This is a very thorough, well thought out approach to coaching the game. The book is packed with knowledge, and it will be a value to both the beginning and experienced coach. Its a must-have for the shelf of the involved volleyball coach.

Excellent guide, especially if you can't get to a CAP course.

I was able to attend BYU, Provo when Carl McGown was head coach of the men's team. This book is great for coaching and providing insight from High school to college level teams. I would recommend to any coach.

If you buy ONE book on how to coach volleyball, make it this one. Carl McGown is the "guru" of volleyball and if you read this book, implement what it says, your team will be better RIGHT NOW! A book which goes beyond the x and o's to provide the coach with the correct skills and attitudes necessary to compete at a high level.

I thought this book was OK. It is a large book but doesn't contain many specifics to volleyball. There are a lot of good general sports principles but when it come to actual drills and plays this book is slightly lacking.

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